



## Quiet Reflection + Making Room for Christ's Fullness

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Second Saturday, October 13, 2018

These questions are meant to help us dialogue with the Lord, sharing what is on our heart and listening for what is on His heart. Like Paul, we are each a letter that expresses who we are in Christ and what He is doing in our lives. Let Him open and make room in you for the particular things He wants to say to you today.

### **MAKING ROOM**

1. Is there a fear, need or concern that the Spirit is prompting you to talk about with the Father in a new way. As you dialogue with Him, can you hear in His response His endless, steadfast love for you?
  
  
  
  
  
  
  
  
  
  
2. Is the Spirit guiding you to any spaces within your heart and/or mind to open up, de-clutter, "air out" with the Lord?

### **GIFTS AND SEEDS**

3. Paul wrote in his letter to the Ephesians (4:11-13) that the body of Christ is equipped with different expressions of ministry, for the building up of the body of Christ until we all attain to the unity of the faith and of the knowledge of the Son of God—to maturity, "to the measure of the stature of the fullness of Christ...."
  - ; Ask the Lord to shed light on any barriers or inaccuracies related to the use of the gifts you have to contribute to the building up of others.
  
  
  
  
  
  
  
  
  
  
  - ; Is there a seed He would cultivate in you for the sake of greater fruit? How would He have you "make room" for more of what He calls you to in the body.

### **BEYOND ALL MEASURE**

4. Think about Paul's analogy of our lives—that our hearts are letters written by the Spirit (see II Corinthians 3:3). Below are descriptions of various capacities in our lives that will limit or release God's access to us. — Choose among these what you want to reflect on today and what you want to go back to later. These concepts will be woven into our walk with Paul throughout the year.

; Story and Testimony Seeing the high value of what He has done and is doing in my personal life. Not hiding my life, but letting Him use my story and testimony to attract others. We want His help to value our "heart letters" with the same value He puts on them.

; Vision and Desire Measuring God's purposes in my life, not by my smallness, but by God's Spirit at work in and through me. How does this affect my vision and desire to persevere in my "race"?

; Faith Capacity The capacity of my faith: How the different ways that I perceive myself, my value and potential impact what I am able to believe God for. How would He expand the vitality of my faith to override the limits I see on my path?

; Open Soul My relationship with God, flowing from the heart, coming to Him as I am. How can I develop greater transparency and vulnerability—a more open soul before the Lord?

; Wilderness Times Places of suffering and disorientation can be open doors making more room for Him in multiple ways! I can ask for fresh eyes to recognize how He would use my wilderness time(s).

; Hunger and Thirst For what do I thirst or hunger? How could I be more trusting in opening my needs to the Lord, expecting Him to fill me, and, to increase the measure of the fullness of Christ in me?